



## WOMAN'S REALM

Effective Uses of Linen and Insertion—  
La Valliere Chains.

For summer wear natural linens and linen colored stuffs were never so popular as now. The craze extends even to neckwear, embroideries, trimmings and laces. Linen shirt waist suits of the really washable kind commend themselves at once for their excellent wearing qualities and convenience in country outings. In the more dressy gowns the linen or ecru has the advantage of combining readily with other colors. White and linen will be a favorite combination for a hot day.

A simple but exceedingly stylish afternoon gown of silk and linen batiste displayed by a well known costumer is trimmed with moderately heavy ecru insertion and black velvet ribbon. The deep flounce finishing the bottom of the skirt is headed with the insertion, which is set on in Vandye points that turn upward. The insertion also appears in upright lines along the seams of the skirt. An ecru lace yoke, with Vandye points turned downward is touched off at one side with a bow of black velvet ribbon having long ends, which fall nearly to the top of the flounce. A black velvet rosette appears at the back of the bodice. Black or white embroidery on linen grounds is much in use for flounces.

In the line of neckwear, a broad collar of tucked or embroidered linen, or a linen fichu worn with a bright red hat or with a touch of red on the gown, shows to excellent advantage.

There is no longer any doubt as to the coming in, to a limited extent, of elbow sleeves and low necks. Some of the newly imported gowns and waists in thin fabrics are worn with fichus and berthas or sailor collars. Others appear with stocks that can be removed on a warm day. Long, flowing lace is to be worn if the sleeves are of elbow length.

The summer also brings to the front the shirt waist hat, whose wide polka dot ribbon trimming is driving the flower decorated hats into the background. Black or navy blue dots on white ribbon are most taking. The hat should invariably be finished with artistic quills.

With whatever costume, the passion for jewelry and gilded turquoise, or pearl ornaments, is a most conspicuous feature of the summer modes. The La Valliere chains, to be worn about the neck with a vinaigrette, give opportunity for the indulgence of the most wayward fancy. All sorts of little charms are worn on these chains. Cats with arched backs, dogs, horses, even buffaloes, are seen. Such small details add a piquancy to the costumes which renders it doubly attractive.—New York Tribune.

### Why Women Fall in Business.

Business women in every department of life are able to earn larger salaries to-day than ever before. Utter failures in business life are due to one of two causes: incompetence or ill health. Take journalism or literature for instance, since that is the career so many young women attempt to pursue. It is a mistake to imagine that a good education and a facile pen are all that are required. Good health is absolutely essential—I speak now particularly of journalism—and unless one is exceptionally strong this branch of literary work should be left entirely alone.

Delicate, sensitive, nervous women who attempt newspaper work are irreparably injuring their health, for the work demanded is constant and tiring. Women who undertake this work must be willing to go anywhere at a moment's notice; from morning interviews to afternoon and evening social functions, irrespective of weather or disposition, is but a part of the work she may be assigned and when that part of the work is done the "copy" must be gotten ready for the paper. Delicate women almost invariably become failures, because, unless one has a constitution of iron, a nervous breakdown is inevitable. Writers of fiction and magazine articles escape these disadvantages, but in their case real ability is required. This is the real stumbling block to many. Besides a good general education something in addition is required to make a successful writer. Most beginners in literature fail because they try to make their writings convey a sense of the amount of learning they have acquired instead of dealing with the matter they profess to be writing upon and trying to infuse into it a little of their own originality; others fail because they scorn subjects close at hand and aim for heights that are attainable only after years of toil, and another class of writers fail, or become discouraged and abandon their work, because they fail to select proper mediums to send their manuscript to and therefore naturally have it rejected.

The above are but a few of the reasons why so many women give up literature and look to other fields for employment.—Clara Williamson, in American Queen.

### To Improve the Throat.

There are tones of despair throughout the land, and they are caused by one of fashion's latest whims. It is noticeable that nearly all of the imported gowns this season are col-

larless, hence the loud outcries from the many women whose throats will not bear daylight exposure.

The very first thing for the would-be reformer to do is to do away with the evil that has caused all the trouble, viz.: high or stiff collars. Unstarched duck makes an excellent foundation for stocks, and is not stiff enough to injure the throat. Never wear anything too tight around the neck—it is the cause of countless troubles—or a stock that is lined with anything but white, and that must be of the softest material possible. Stiff linen collars should be relegated to the masculine sex; as fashion has let go of them, there is hope already.

The English fashion of breakfast jackets with low sailor collars is being taken up by many beauty seekers. It is a sensible and becoming style, and the best possible way to acquire a pretty neck and throat. Any number of society girls are making a practice of having all their house gowns constructed without collars, and, as a consequence, the improvement in the color of the skin is much hastened.

Absolute cleanliness is one of the requisites of a pretty neck. A thorough soaking in warm water and a pure soap should be given at least once a day; then a rinsing in clear warm water, and finally cold water to close the pores. Tincture of benzoin added to the water will have a whitening effect on the skin. A few drops only are necessary.

Often the neck is disfigured by dark lines produced by high and stiff neckwear. In such a case cucumber milk will be found very beneficial. It should be well rubbed into the pores after they have been cleansed by the warm water and soap, and before the cold water is used.

Probably the tissues are relaxed, and a general flabbiness is the result. To remedy this procure a good massage cream, and after the fingers have been anointed rotate the muscles of the neck firmly in a slanting direction from under the chin toward the shoulders, and from the middle of the throat backward and upward toward the ears.

Breathing exercises will do much toward rounding out and strengthening the throat muscles.—Philadelphia Press.

### A Handsome Nightgown.

A very pretty nightgown was made of fine longcloth. The back, instead of the once ubiquitous yoke, was arranged in two box pleats and set into a band at the neck. The front boasted of a little V opening, and the whole was most daintily finished by a wide sailor collar adorned with a frill of hemstitched cambric. This, in addition, was carried down the opening and around the wrists, being set on everywhere with a narrow lingerie beading.

Another nightgown, also slightly open at the throat, was arranged on a tiny square yoke, back and front, composed of two rows of insertion, a little frill of edging to match coming at the top and a much wider frill at the lower edge. The opening itself was rather a narrow box pleat, with two rows of feather stitching. The wider frilling was again responsible for the wrist finish, as also a feather-stitched band of the longcloth.

In both cases the skirt part was in two breadths, having a side gore, the sloping side of which was laid to the back and the straight edge to the front. Six yards of longcloth will be found sufficient, or the same quantity of cambric, if that latter fabric be preferred.



## FRILLS OF FASHION

Buckle effects in straw are stylish. Curled up edges mark the brims of outing hats.

The gold craze seems to have faded into obscurity suddenly.

Trimnings of all sorts and kinds developed from India muslin are very popular this season.

Stretched backs, entirely without the usual waist fullness, is a noticeable feature of smart bodices.

Foulard tailor gowns are the latest exhibited, but so far none has appeared on the streets as yet.

Spanish blonde, recently imported from Paris, is receiving quite a little attention for garnishing flounces and neckwear.

The blouse type of corsage in endless variety, with those of white or cream lace very prominent, is the smart summer waist.

Trimnings are more elaborate than ever in their endless and capricious variety, notwithstanding the much talked of "simple summer frock."

Many wide-brimmed hats, leghorn and other braids, are finished with a wide binding of black velvet, showing at least half an inch on the right side.

For the moment field flowers are in great favor for millinery. Bachelor buttons, sunflowers, and poppies are in evidence, and they decorate hats of rough ecru straw, as well as those of soft black straw.

Any number of serge and linen gowns and skirts made all of white are worn this year, to say nothing of the linen duck, which is excellent for separate skirts. This has been called a duck-skirt year.

If one's skirt opens at the side, there is no possibility of its gaping under any condition or serious mishap. It is comparatively easy, with the present styles of gowns, to open the skirt at one side of the panel or at the front and have the skirt entire in the back.



## HOUSEHOLD HINTS

### How to Remove Stains.

All stains should be removed before the articles are put into the washtub. The sooner a stain is treated the more readily it will yield to the treatment. Pour boiling water through fruit stains; when obstinate soak in a solution of oxalic acid. Wash vaseline stains in alcohol; paint, in turpentine or alcohol; varnish, in alcohol; grass or other green vegetable stains, in alcohol, kerosene or molasses; for stains from blood, meat juice, use white of egg in cold water. In the case of milk, cream, sugar or syrup stains soak in cold water and wash with soap and cold water. Tar, wheel grease or machine oil stains should be rubbed with lard and allowed to stand a few minutes, then they should be washed with soap and cold water. Tea, coffee or cocoa stains should be removed with boiling water; if obstinate, with a weak solution of oxalic acid.—Marin Parloa, in the Ladies' Home Journal.

### Small Ice Cream Freezers.

The quart ice cream freezers which were put out long ago as a sort of toy have established for themselves a wide use, says the New York Evening Post. In the sick room and in the college and boarding school dormitory they have filled a want that has been felt but not recognized until their satisfactory service began. Persons boarding have found them an easily utilized convenience, and the bachelor girl is sure to count one in her studio or den. Dealers are finding a sale for them now for use in small families. A quart of caterer's cream is estimated to serve five persons, and the homemade ice goes still further. The little freezers are easily operated, and can be tucked away in any ice-box for the ripening process of their contents so conveniently that the laziest kitchen maid is willing to use them. A little experience adapts any of the numerous receipts for creams, ices, sherbets, frappe, mousse or parfait to the limited quantity of the miniature freezers, and makes easily possible an indefinite list of frozen desserts.

### Canning Grape Juice.

Not every housekeeper has learned that pure grape juice can be canned. Those who have ventured are delighted with results, although some do not go about it the right way. It is needless to cook the fruit before straining. It injures flavor.

The grapes should be gathered in a clean manner. If no fruit press is at hand, just simply mash the fresh plucked grapes, in any good-sized receptacle, preferably porcelain lined, it being best not to let the juice come in contact with tin. Use a wooden masher (and wooden spoons, if any) strain off the juice, run it through a strong, fine cheesecloth; heat to smart boiling (no more than that, and in porcelain lined kettles), and immediately seal up in fruit jars.

Stand jars bottom up a while. If any prove not airtight, heat again and use a thicker rubber ring. Use no old, dead rubber, or worn-out rings. Put no sugar to the juice. Keep it pure grape juice, and serve it so.

An ordinary sized family will wish there were hundreds of jars of grape juice in their storeroom, so delightful and refreshing is the drink. The value of it once understood, there will be no grapes to spare; no question of "What will we do with all these grapes."—American Agriculturist.

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## HOUSEHOLD RECIPES

Horseshoe Sandwiches—Spread a thin layer of grated horseshoe upon whole wheat bread that has been buttered with almond butter. Form into sandwiches.

Sunshine Cake—Whites and yolks of six eggs, one cup granulated sugar, two-thirds cup of flour sifted seven times, one-half teaspoonful cream of tartar and then beat very stiff. Stir in the sugar, stir in the yolks, add the flour. Bake thirty-five minutes.

Banana Tapioca Pudding—One coffee cupful of fine tapioca dissolved in a quart of cold water; cook until transparent, then add one teaspoonful of sugar, one teaspoonful of vanilla or lemon juice and four bananas sliced thin; when cold serve with cream and sugar.

Almond Sticks—Chop one cup cold butter into two cups flour, add one teaspoon of baking powder, one-half teaspoon of salt, one-half teaspoon paprika. When fine like meal, wet into soft dough with ice water. Roll one-quarter inch thick, spread with blanched and browned almonds, press with rolling pin, cut into strips and bake.

Pineapple Fritters—Sift together one and one-half cups of flour, one-fourth a teaspoonful of salt and two teaspoonfuls of baking powder. Beat an egg lightly, add two-thirds of a cup of milk and gradually stir into the dry ingredients; add one cup of pineapple in slices cut into small pieces. Drop by spoonfuls into hot fat, and fry to a golden brown. Drain on soft paper and serve.

**Making a Start.**  
"No, I didn't make my start in cattle," said the man from the West, who had been talking somewhat freely about his many ranches and herds of live stock. "I only went into ranching afterward."

"Hit off a gold mine, eh?" queried one of his listeners.

"Never had anything to do with mining."

"Government contracts or speculation?"

"No; I got my start by backing a summer theatrical company. I was what they call the 'angel,' you know. It was a barnstorming company, and the play was no good, and in the first fifteen nights I lost \$800."

"And then it pulled up?"

"No, it went to smash and was stranded, and most of the actors had to walk home."

"Then how did you make anything?"

"Oh, after the thing was busted I sat down to a game of poker with the stage carpenter and the property man, and when we quit at sunrise I was \$15,000 ahead of the game, and they had to discharge their valets and coachmen and come down to 25-cent cigars."

### Not a Trust.

"Yes, you bet I am down on trusts," replied the old farmer as he lugged out a gold watch to note the time, "and if I go to the Legislature I shall do all I can ag'in 'em. There's a head of difference between a trust and a family syndicate."

"How do you mean?" was asked.

"Well, I own the only lake in my county which has got any fish in it. My son Jim owns all the boats on the lake. My son Bill owns the only land around where fishworms can be dug."

"It used to be free fishing for all, but three years ago I fenced in the lake and organized a family syndicate, and since then we've got about \$5 for every fish caught."

We ain't compelling anybody to come to our lake and hire our boats and buy our worms, but when they do come we make it pleasant for 'em and furnish sandwiches at 15 cents apiece and milk at 10 cents a glass."

### Too Shocking to Repeat.

The Photographer—I think I have caught your expression perfectly. Mrs. Grimes—It reminds me rather of my husband's expression when I showed him the picture. Excuse me from repeating it, for it was something dreadful.

POTNAM FADELESS DYES do not stain the hands or spot the kettle. Sold by all druggists.

Only three per cent. of the total land area of the Southern States is under cultivation.

There are 6742 locks and keys in the Grand Opera House, Paris.

### Best For the Bowels.

No matter what ails you, headache to a cancer, you will never get well until your bowels are put right. CASCARETS help nature, cure you without a gripe or pain, produce easy natural movements, cost you just 10 cents to start getting your health back. Cassarets Candy Cathartic, the genuine, put up in metal boxes, every tablet has C. C. C. stamped on it. Beware of imitations.

Speaking of autographs, it's the man with a big bank account whose signature is most valuable.

### Are You Using Allen's Foot-Ease?

It is the only cure for Swollen, Smarting, Tired, Aching, Hot, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. Cures while you walk. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

Freight can be carried on trolley cars within the city limits of Detroit, Mich.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

A laugh on the face is worth two in the sleeve.

### Sick Headache.

And similar affections, resulting from disordered stomach, are promptly relieved by a full dose of Crab Orchard Water.

The best part of the Kimberly diamond field covers nine acres only.

### More Trouble for the Sultan.

The Aid—Your gracious Majesty, here is a dispatch from Paris.

The Sultan—More plots?

The Aid—Worse than that, mighty sovereign.

The Sultan—Eh, what is it?

The Aid—The officials of our embassy at Paris refuse to perform their duties any longer unless their back salaries are paid.

The Sultan—Ungrateful wretches! What do they mean? Where is their sense of gratitude? Are they working merely for the sordid reward that's in it?

The Aid—I'm afraid that they are to some extent, your Majesty. The secretary of legation says he hasn't had enough cash out of his job to get his shoes shined.

The Sultan—Bismillah! Let the rogue wear slippers!

The Aid—And how shall I answer the telegram, your Highness?

The Sultan—Tell those fellows that such a lack of confidence in the Commander of the Faithful, if persisted in, will deliver them forever from the ineffable delights of the heaven of all true followers of the Prophet.

The Aid—Pardon me, your Majesty, but I took the liberty of suggesting this to them a day or two ago.

The Sultan—And what did the ingrates say?

The Aid—They said, your Majesty, that the old gag wouldn't work.

The Sultan (in a towering rage)—Hully Medina! Old gag! Wow, wow, wow!

And the aid retreats in terror.

### What Mabel Said.

Sue—Mabel used that old gun expression when we chided her for chatting with the intoxicated dude.

May—What old gun expression, dear?

Sue—Why, she said she didn't know "it was loaded."

### A Restful Function.

"Deaf and dumb trolley parties are the latest."

"What are they?"

"A lot of talkative women ride around town on the street cars all evening, and the one who speaks first pays for the ride and the ice cream."

### See advt. of SMITHDEAL'S BUSINESS COLLEGE.

It's a wonder some people don't get indigestion from chewing the rag.

Pico's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Avenue, N. Y., Minneapolis, Minn., Jan. 6, 1900.

Even a small barber can be called a strapping fellow.

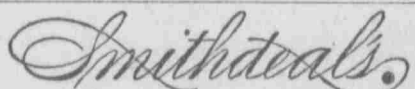
E. A. Rood, Toledo, Ohio, says: "Hall's Catarrh Cure cured my wife of catarrh fifteen years ago and she has had no return of it. It's a sure cure." Sold by Druggists, 75c.

Some men can never find anything about the house except fault.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Agriculture is developing rapidly in the West Indies.

To the golf writer the pen is mightier than the sword.



Is the oldest and only business college in Va. owning its building—a grand new one. No vacations. Ladies & gentlemen. Bookkeeping, Shortland, Typewriting, Penmanship, Telegraphy, &c. Leading business college south of the Potomac river.—P. H. Smithdeal, President, Richmond, Va.

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WILLS PILLS—BIGGEST OFFER EVER MADE.

For only 10 Cents we will send to any P. O. address, 10 days' treatment of the best medicine on earth, and put you on the track how to make money right at your home. Address all orders to The K. B. Wills Medical Company, 23 Elizabeth St., Hagerstown, Md. Branch Offices: 129 Indiana Ave., Washington, D. C.

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"I have used Ayer's Hair Vigor for a great many years, and although I am past eighty years of age, yet I have not a gray hair in my head."  
Geo. Yellott, Towson, Md.

We mean all that rich, dark color your hair used to have. If it's gray now, no matter; for Ayer's Hair Vigor always restores color to gray hair. Sometimes it makes the hair grow very heavy and long; and it stops falling of the hair, too.  
\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER & CO., Lowell, Mass.

## Constipation

Does your head ache? Pain back of your eyes? Bad taste in your mouth? It's your liver! Ayer's Pills are liver pills. They cure constipation, headache, dyspepsia.  
25c. All druggists.

Want your moustache or beard a beautiful brown or rich black? Then use BUCKINGHAM'S DYE for the hair.  
10 CENTS. DRUGGISTS, 111 N. 3rd St., PHILADELPHIA, PA.

## DYSPEPSIA

yields to nature's medicine.



It cures Dyspepsia and all stomach, liver, kidney and bowel disorders. An unrivaled aperient and laxative; invigorates and tones the whole system. A natural water of the highest medicinal value, concentrated to make a tonic and stimulant to the system. Sold by druggists everywhere. CRAB ORCHARD WATER CO., Louisville, Ky.

Est. 1832. SOLES of every description. Subscriptions for 1899. Write for prices. JESSE MARDEN, 135 N. Charles St., BALTIMORE, MD.

## DROPSY NEW DISCOVERY

gives relief from dropsy, edema, and all water on the body. Book of testimonials and 10 days' treatment free. Dr. H. K. GREEN'S, Box 5, Atlanta, Ga.

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# LION COFFEE

A LUXURY WITHIN THE REACH OF ALL!

## Lion Coffee

is not GLAZED, COATED, or otherwise treated with EGG mixtures, chemicals, glue, etc., etc.

## Lion Coffee

is a Pure Coffee.



## "MY MARY ANN."

(Can be sung to the air of "My Maryland.")

In the kitchen she has sway—  
Mary Ann, my Mary Ann!  
There she rules throughout the day,  
Mary Ann, my Mary Ann!  
Breakfast, lunch and dinner fair  
Excellent she'll prepare,  
Served with LION COFFEE rare—  
Mary Ann, my Mary Ann!

She's a tried and trusted cook—  
Mary Ann, my Mary Ann!  
You can bet she knows her book—  
Mary Ann, my Mary Ann!  
Coffee she can understand,  
She will use no other brand  
Than the LION COFFEE grand—  
Mary Ann, my Mary Ann!

Well she knows it is not glazed,  
Mary Ann, my Mary Ann!  
That in million homes 'tis praised!  
Mary Ann, my Mary Ann!  
One pound package, in the bean,  
Lion head on wrapper seen.  
Premium List inside will mean  
Presents for my Mary Ann!

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Just try a package of LION COFFEE and you will understand the reason of its popularity.

LION COFFEE is now used in millions of homes.

In every package of LION COFFEE you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound sealed packages (which is the only form in which this excellent coffee is sold). WOOLSON SPICE CO., TOLEDO, OHIO.